

HONOURING OUR PAST, EMPOWERING OUR FUTURE

JOIN US FOR A CELEBRATION DINNER



30
YEARS

Join us as we celebrate 30 years of empowering lives through Choice Theory and Reality Therapy in Singapore. Reconnect with fellow practitioners, honour our shared journey, and look ahead to the future through an evening of meaningful conversations, reflection and inspiration.

EVENT HIGHLIGHTS

30th Anniversary Commemorative Video · Guest Speaker's Address: Choice Theory and Reality Therapy in an AI Era · Faculty Appreciation Segment

EVENT DETAILS



METROPOLITAN YMCA



23 OCTOBER 2026, FRIDAY



7:00PM - 9:30PM

REGISTRATION STARTS AT 6:30PM



FEES: WGI(S) MEMBERS \$20

NON-MEMBERS \$30

SCAN HERE



Payment information:

- Please make payment via PayNow
- Indicate your name in the reference
- Send proof of payment to info@wgis.org.sg
- Eventbrite ticket link will be issued



GUEST SPEAKER'S ADDRESS

CHOICE THEORY AND REALITY THERAPY IN AN AI ERA

Mr Peter Ho



As Artificial Intelligence (AI) influences the way people seek information, make decisions and find support, how can Choice Theory and Reality Therapy remain relevant in an increasingly digital world?

This sharing explores the opportunities and challenges AI presents for helping professionals, while reaffirming the enduring value of personal responsibility, self-evaluation and authentic human connection.

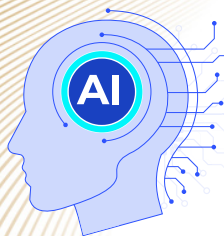
KEY TAKEAWAYS

Understand how AI is influencing client expectations and help-seeking behaviours.

Explore the implications of AI companionship and algorithm-generated advice.

Discover how Choice Theory and Reality Therapy (CTRT) can remain relevant and impactful in the AI era.

Reflect on the evolving role of CTRT practitioners in preserving authentic human connection.



Peter Ho began his career as an engineer before progressing into senior leadership roles, including Managing Director and CEO, with multinational companies across Asia. His experience in manufacturing shaped a practical, results-oriented approach to leadership and people development. While pursuing an MSc in Professional Counselling, Peter discovered Choice Theory and Reality Therapy (CTRT), whose emphasis on personal responsibility and practical application resonated deeply with him. In 2010, he was certified in CTRT and later served as President of the William Glasser Institute Singapore. He also volunteered as a mediator with the Singapore Family Justice Courts and provided counselling support to individuals, couples and families.

