

CHOICE THEORY & REALITY THERAPY BASIC INTENSIVE WEEK



This 3-day intensive course will introduce learners to the ideas of Choice Theory, formulated by psychiatrist Dr William Glasser. Participants have an opportunity to explore the procedures that lead to lasting change and can apply these ideas and techniques straight away. Participants will get a firm grasp of Choice Theory and how we can make significant differences in our lives, as well as help others to find ways of making more effective choices in their own lives.



ABOUT OUR TRAINERS

Anthony Wong is a SAC registered clinical supervisor and a certified addiction counsellor in Singapore. He has rich experience working across different settings such as communities, hospitals and schools. Committed to furthering his specialization in trauma and crisis counseling through PhD studies, Anthony envisions a community attuned to trauma sensitivity. Guided by the principle that collective effort is essential for creating an environment free of conflict, he dedicates himself to fostering understanding and support within the community.

Edmund Chong is currently a counsellor, supervisor and speaker in private practice. He has been a faculty member of William Glasser Institute International since 2021. As an experienced school counsellor, he has been working extensively with youth and adolescents. Till today, he continues to be involved with the school setting. He actively volunteers and mentors youths and adolescents from various organisations.



DATE: 13- 15 MAR 2024

TIME: 9.00 AM - 5 PM

VENUE: 387 JLN BESAR, SINGAPORE
209002

FOR REGISTRATION: SGD 900
REGISTER YOUR INTEREST HERE



<http://tinyurl.com/CertJan2024>