



# SEPTEMBER 5-7, 2018 BASIC INTENSIVE TRAINING IN CHOICE THEORY & REALITY THERAPY

## Basic Intensive Training

The 3-day **Basic Intensive Training** is a skill and knowledge building workshop. It covers discussion of the concepts of Choice Theory and Reality Therapy; as well as the counselling environment, procedures, and applications in school, workplace and at home. Instruction takes a variety of forms, including role-plays, lectures, videos, and discussion.

SEP 5<sup>th</sup> – 7<sup>th</sup>,  
2018 (9-5PM)

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- EARLY BIRD: \$750  
(BY 15 Jun 2018)

- REGULAR: \$800  
(CLOSING DATE BY  
15 Jul 2018)

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### TARGET PARTICIPANTS:

The training is for those who work in a variety of settings. It is designed to provide basic understanding of Choice Theory © and Reality Therapy. The participant will not only gain a theoretical understanding of the concepts but also experience their application in practice.

### (VWOS)-CHARITIES CAPABILITY FUND (VCF)

VWO applicants may apply on-line for VCF Local Training Grant at least 1month before commencement of training!

Participants will be supervised in small groups and will receive feedback. They will learn practical skills immediately applicable in relating with their clients, students, children and colleagues. By participating in this four-day introductory course, you will obtain a working knowledge of Dr. William Glasser's ideas and learn how to apply Reality Therapy, Choice Theory and Lead-Management to your professional and personal life. At the end of this workshop, participants will be awarded a Certificate of Basic Intensive Training from the William Glasser International.

This workshop is the first step in the Choice Theory/Reality Therapy Certification programme: a process whereby the "The William Glasser International" recognises a person qualified to practice Reality Therapy.

## Instructor



**Evelyn R. Koh**

Evelyn is a principal counsellor and counselling psychotherapist in private practice. She is also a registered counsellor and registered clinical supervisor of the Singapore Association for Counselling (SAC), Professional member of the American Counselling Association (ACA), registered Social Service Practitioner with Singapore Association of Social Workers (SASW), and a Faculty member of William Glasser Institute (Singapore) and William Glasser International.

She provides consulting, counseling, therapy, training and supervision work with Voluntary Welfare Organization (VWOs) / Family Service Centres (FSCs) and Education Institute. With her extensive training experiences, she is also an external lecturer and clinical supervisor with Swinburne University of Technology as well as a clinical supervisor with Edith Cowan University, Monash and James Cook University.

In her work with Social Service Institute (SSI), she consulted and developed program, as well as provided training to professional counsellors and social workers in supporting and working with clients facing loss and grief issues. With the Health Promotion Board (HPB), she consulted and developed Peer Support Program for youths and had provided numerous training to youth leaders from NTU, SIM, ITE and Polytechnics. She takes great joy in facilitating others in their process of achieving personal and professional growth.

For more information on our  
courses, please contact:  
[enquiry@in-focus.com.sg](mailto:enquiry@in-focus.com.sg)



*In conjunction with*



**REGISTRATION FORM for Basic Intensive Training in Choice Theory & Reality Therapy on September 5-7, 2018 (9-5PM)**

Formal Full Name for Certificate: \_\_\_\_\_

Occupation: \_\_\_\_\_ Organization: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Mobile Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

**PAYMENT DETAILS** *(please indicate)*

- Early Bird: \$750 (By **15<sup>th</sup> Jun 2018**)
- Regular: \$800 (By **15<sup>th</sup> Jul 2018**)

**For other query, please email:  
enquiry@in-focus.com.sg**

Please write cheque payable to: **In Focus Counseling & Therapy Services**

AND

Mail completed registration form and cheque to:

In Focus Counseling & Therapy Services, No. 19 Tanglin Road #06-51 SINGAPORE 247909

Enclosed is my Cheque No: \_\_\_\_\_ Date of Cheque: \_\_\_\_\_ Amount: \_\_\_\_\_

*(Please note that registration can only be confirmed upon receipt of payment. If you require e-invoice or invoice, kindly provide information on how the payment invoice is to be addressed in your organization.)*

- Invoice/E-invoice required:

Organization name: \_\_\_\_\_ Amount: \_\_\_\_\_

Billing Address: \_\_\_\_\_ Attention to: \_\_\_\_\_

Email: \_\_\_\_\_

- Bank transfer made to In Focus Counseling & Therapy Services

Bank Details: UOB Novena Square Branch Code No. 016

Bank Account No. 339 305 0304

***(Please provide information below once transfer is done)***

Bank Transfer Date: \_\_\_\_\_ Amount: \_\_\_\_\_ Ref. Nos: \_\_\_\_\_

**Cancellation/Withdrawal/Amendment policy:** All withdrawals must be made in writing. There will be 50% refund for withdrawals made provided that organizer receives written notice before closing date. There will be no refunds for withdrawals made by participants after closing date. The content of this training can be delivered either over 3 days or 4 days. Thus, organizer reserve the right to make changes/cancel/divide class/ reduce training days and/or refuse any entry.

**Consent:** I understand and agree that the information provided above will be (a) disclosed to William Glasser Institute/International for purpose of their record on training completed and (b) used by organizer, In Focus, for notification of training workshops and events organized. I trust that the information will strictly be used for the above purposes stated above.

I understand above and hereby consent, signed: \_\_\_\_\_ Date: \_\_\_\_\_